

Lynne Cunningham's
Book Review

I just read a great book that I think should be added to your Service Excellence Library.

Book	<i>We Carry Each Other: Getting through life's toughest times; what to say, what to do, how to care with compassion</i>
Author	Eric and Sharon Langshur, founders of CarePages with Mary Beth Sammons
Pillar of Excellence	Service
Publisher's Book Description	This book will inspire readers to make some simple gestures in caring that can make a big difference. Suffering and illness often intensify feelings of isolation. These feelings can be worsened by a lack of communication and community. But they also can be transformative. We share the stories of ordinary people living ordinary lives, which overnight become broken, but who have connected to each other's souls and spirits to become partners in healing. The book looks at the practical, profound, reassuring and humorous ways to respond in the toughest situations. This book becomes group support – a place where people can feel safe enough to talk about what is really going on in their struggle and to reach out and share with you, the reader, and ideas for helping.
LC Review	An incredible "connect to purpose" book by the founders of CarePages. <i>CarePages are interactive web pages which patients and their families can set up to stay in touch with their extended circle of family and friends.</i> CarePages are a gift the hospital can give to their patients. <i>We Carry Each Other</i> is a gift from Eric and Sharon to every caregiver – professional or volunteer. The book was requested by CarePages community members who wanted to do more to help family and friends.
Page	<i>Lynne suggests that you pay special attention to some of these features in the book.</i>
Throughout the book	Wonderful quotes and hundreds of tips and ideas on how to help patients and caregivers – and their families.
Favorite Ideas	<ul style="list-style-type: none"> • Journals • Coupons for helping others • The importance of "being present" and doing nothing else
Overall rating	The Langshur's hope <i>We Carry Each Other</i> will be transformative. I certainly found it a hopeful and helpful resource. This would be a great gift for hospice volunteers and every caregiver you know. I'll give a copy to my minister because I know he'll find inspiration for another great sermon.
More about CarePages	CarePages is one of the web's largest and fastest growing health-related communities. To date, more than two million people at nearly 600 licensing health care facilities have used CarePages to create online support communities when a baby is born, when a loved one or friend is hospitalized or to stay connected with an elderly

	<p>relative in a long-term care residence. CarePages is offered as a service to patient families by the nation's leading healthcare facilities to increase customer satisfaction, deliver targeted educational content and appeals to patients and their communities of support, and increase willingness to recommend the hospital among the families' self-described Chief Health Officers, moms.</p> <p>To learn more about CarePages, please call Erin Carroll at 773-327-2117.</p>	
Publisher and Year Published	2007 – Conari Press	Can be pre-ordered now on Amazon.com or sold through the publisher at (800) 423-7087, orders@redwheelweiser.com , or online at www.conari.com .
Price	\$16.95	
Recommended by	The authors	

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